

Home Fire Safety Checklist

Cooking Safety



- "Keep an eye on what you fry." Stay in the kitchen when frying, grilling or using an open flame.

Fireplaces, Space Heaters, Baseboards, etc.



- "3 feet from the heat." Furniture, curtains, dish towels and anything that could catch fire are at least 3 feet from any type of heat source.

Smoking Safety



- Never smoke in bed.

Electrical and Appliance Safety



- Large and small appliances are plugged directly into wall outlets.

Children Playing



- Matches and lighters are locked away.

Smoke Alarms



- Change smoke alarm batteries every year unless it has a long-life battery.
- Replace smoke alarms every ten years.
- Test your smoke alarms each month. If they're not working, they can't get you out the door.

Home Fire Escape Plan



- At least twice a year, practice your fire escape plan with all family members.
- Practice makes perfect! After each fire drill, mark down your escape time.

What's Your Escape Time?

Make sure everyone can escape in two minutes or less.

Drill 1

Drill 2



Lista para verificar la seguridad durante un incendio doméstico

Medidas de seguridad en la cocina



- Esté atento a la hora de freír. Permanezca en la cocina cuando frite, use la parrilla o esponja algo a fuego directo.

Chimeneas, calefactores, zócalos radiantes, etc.



- A 1 metro del fuego. Los muebles, las cortinas, las toallas de cocina y cualquier otro objeto que pueda incendiarse debe estar a por lo menos 1 metro de distancia de cualquier fuente de calor.

Medidas de seguridad para fumadores



- Nunca fume en la cama.

Medidas de seguridad respecto a electrodomésticos



- Los electrodomésticos, tanto grandes como pequeños, se deben enchufar directamente a las tomas de corriente.

Niños jugando



- Los fósforos y los encendedores deben guardarse bajo llave.

Detectores de humo



- Cambie las baterías del detector de humo una vez al año, a menos que tenga baterías de larga vida.
- Reemplace los detectores de humo cada diez años.
- Pruebe si los detectores de humo estén funcionando una vez al mes. Si no funcionan correctamente, asegúrese de reemplazarlos por otros nuevos en caso de emergencia.

Plan para evacuar de la casa en caso de incendio



- Por lo menos dos veces al año, practique su plan de evacuación para incendios con todos los miembros de su familia.
- ¡La práctica hace al maestro! Después de cada simulacro de incendio, indique el tiempo que tardaron en evacuar.

¿Cuánto tiempo tardaron?

Asegúrese de que todos puedan evacuar en dos minutos como máximo.

Simulacro 1

Simulacro 2



**Cruz Roja
Americana**

Earthquake Safety Checklist

Drop, Cover and Hold On



- If you are inside when the shaking starts, drop to the ground, take cover, hold on to something sturdy, and move as little as possible. If you do not have sturdy furniture to hold on to, sit on the floor next to an interior wall and cover your head and neck with your arms.

What should I do after an earthquake?



- Each time you feel an aftershock, drop, cover and hold on.
- If you were away from home, return only when authorities say it is safe to do so. Use extreme caution when entering your home. Be sure to carefully inspect walls, floors, doors, staircases and windows to check for damage.
- Visit redcross.org for more information on how to make an emergency kit!

How can I prepare?



- Pick safe places in each room of your home, workplace, and/or school. A safe place could be under a piece of furniture or against an interior wall away from windows, bookcases or tall furniture that could fall on you.
- Bolt and brace water heaters and gas appliances to wall studs. Bolt bookcases, china cabinets and other tall furniture to wall studs. Hang heavy items, such as pictures and mirrors, away from beds, couches and anywhere people sleep or sit.

Family Plan

If separated, our meeting place near our home is:

If we cannot return home or are asked to evacuate, our meeting place outside of our neighborhood is:

In the event our household is separated or unable to communicate with each other, our emergency contact outside of our immediate area is:

Name
<input type="text"/>

Phone
<input type="text"/>

What should I do during an earthquake?



- Stay indoors until the shaking stops and you are sure it is safe to exit. If you must leave the building after the shaking stops, use stairs with caution, in case there are aftershocks. Do not use elevators.

Our safe places in each room of our home are:

Bedroom
<input type="text"/>

Living Room
<input type="text"/>

Kitchen
<input type="text"/>

Other
<input type="text"/>



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